

BRANSTON JUNIOR ACADEMY – DATES FOR 3 WEEKLY DINNER CYCLE

WEEK 1	WEEK 2	WEEK 3
Tue 5 th to 8 th Jan	11 th to 15 th Jan	18 th to 22 nd Jan
25 th to 29 th Jan	1 st to 5 th Feb	8 th to 12 th Feb (half term)
22 nd to 26 th Feb	29 th Feb to 4 th March	7 th to 11 March
14 th to 18 th March	Mon 21 st to Wed 23 rd March (Easter)	

WEEK1	MON	TUE	WED	THU	FRI
Main Option A	Chicken Casserole Wholegrain Rice Broccoli Carrots	Savoury Mince Yorkshire pudding Roast potatoes Peas Swede	Roast Turkey, gravy, Boiled potatoes Sweetcorn Broccoli	Spaghetti Bolognaise Green Beans Carrots	Salmon Fish Fingers Baked wedges Beans
Main Option B (vegetarian)	VegeMince Chilli con carne Wholegrain rice Broccoli	Baked bean lasagna Peas	Macaroni cheese Broccoli	Sweet potato and chickpea curry Wholegrain rice Green beans	Cheese & onion pastry Baked wedges Beans
Dessert Option A	Fruit salad and ice cream	Oaty cookie with apple slices	Rice pudding with sultanas	Chocolate brownie with custard	Lemon drizzle cake
Dessert Option B	NOT AVAILABLE	NOT AVAILABLE	Fresh fruit	Fresh fruit	Fresh fruit
Dessert Option C	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt

WEEK2	MON	TUE	WED	THU	FRI
Main Option A	Lasagne Green beans Carrots	Chicken and leek pie Boiled potatoes Sweetcorn & broccoli	Roast beef Yorkshire pudding & gravy, Roast potatoes Cauliflower & peas	Savoury mince cobbler Creamed potatoes Mixed vegetables Leeks	Fish fingers New potatoes Peas
Main Option B (vegetarian)	Sweet and sour Quorn Wholegrain rice Green beans	Summer vegetable pasta Sweetcorn	Jacket poato with Vegemince bolognaise Peas	Macaroni cheese Mixed vegetables	Cheese omelette New potatoes Peas
Dessert Option A	Peach cornflake dessert with custard	Fruity flapjack	Apple crumble with custard	Ginger sponge	Chocolate and Banana muffin
Dessert Option B	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
Dessert Option C	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt

WEEK3	MON	TUE	WED	THU	FRI
Main Option A	Shepherds Pie Cauliflower Peas	Toad in the hole with gravy, roast potatoes Carrots Spring cabbage	Roast turkey gravy, Creamed potatoes, creamed carrots & swede, green beans	Chicken & sweetcorn pasta bake Roasted vegetables Broccoli	Battered fish Baked wedges Baked beans
Main Option B (vegetarian)	Vegetable Cottage pie Cauliflower Peas	Cheese & tomato pasta Roast potatoes Carrots	Margherita pizza Coleslaw	Five bean chilli Rice Broccoli	Tomato & red pepper pasta Garlic bread Peas
Dessert Option A	Apple pan dowdy with custard	Banana bread with milk	Fruit & Jelly	Jam slice with custard	Chocolate & beetroot muffin
Dessert Option B	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
Dessert Option C	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt